Pilgrim Hat Treats for kids

Snacks · ages 5 to 11 (grades K–5th) · about 15 minutes · serves 6

Tip-Top Hats! A cookie brim, a marshmallow crown and a shiny buckle. Hats on!

Ingredients

- 6 chocolate sandwich cookies (or gluten-free chocolate sandwich cookies)
- ½ cup chocolate frosting
- 6 large marshmallows
- 1 tube of yellow icing

Tools

A plate, A mixing bowl, A big spoon, A butter knife.

Steps

1. Wash your hands with soap for twenty seconds, then let's make Tip-Top Hats!
2. Lay 6 chocolate sandwich cookies flat on a plate. Those are the hat brims!
3. Scoop ½ cup of chocolate frosting into a small bowl.
4. Dab a little frosting in the middle of each cookie.
5. Stand 6 large marshmallows on the frosting dabs, one on each cookie.
6. Spread frosting all round each marshmallow and over its top.
7. Squeeze a little square of yellow icing on the front of each hat: the buckle!
8. Hats off! Line them up on the plate and pick one to eat.

Safety notes

- Contains milk, wheat, soy. Swap an ingredient for an allergy where the recipe lists a swap.
- Marshmallows are a choking risk for little ones under 4.
- Read the label on packets for allergies.
- A bit messy.
- Sticky fingers.

Kitchen science

Frosting is sugar beaten with a little fat, and it clings to whatever it touches, so it works like glue you can eat.

Make it your own

- Use a round cracker for the brim and a chocolate-dipped marshmallow for the crown.
- Squeeze an orange icing band round the bottom of the hat.
- Make a tiny hat on a mini cookie for a stuffed animal guest.

Questions about pilgrim hat treats

How do you make pilgrim hat treats? Lay round chocolate sandwich cookies flat, dab frosting in the middle of each, stand a large marshmallow on the dab, frost the marshmallow all over, then pipe a small yellow square on the front for the buckle.

Can I make them without peanuts? Yes. Many pilgrim hats use a peanut butter cup for the crown; this one uses a marshmallow, so the recipe has no peanuts. Read the cookie and frosting labels for nut warnings.

Can I make them gluten-free? Use gluten-free chocolate sandwich cookies for the brims. Check that the frosting, marshmallows and icing say gluten-free too.

Are they safe for toddlers? Marshmallows are a choking risk for children under 4. Make theirs without the marshmallow: a frosted cookie with a yellow buckle is still a hat brim.

Free at peabody.kids/kitchen/pilgrim-hat-treats