# Games to play with kids

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Games to play with kids need no screen and no board: floor is lava, freeze dance, mirror me, charades, a riddle round or a paper game of tic-tac-toe. The tables below sort them by how many people are playing and what you need, and every one is free with no sign-up.

## Games for two

- Game: Mirror Me · Who plays: two of you · Minutes: 5 · You need: a friend · Room: a bit of floor · Ages: 4 to 14
- Game: Copy the Pose · Who plays: two of you · Minutes: 5 · You need: a friend · Room: a bit of floor · Ages: 5 to 14
- Game: Keep It Up · Who plays: two of you · Minutes: 6 · You need: a soft ball, a friend · Room: a room · Ages: 5 to 14
- Game: Rock, Paper, Scissors, Squats · Who plays: two of you · Minutes: 6 · You need: a friend · Room: a bit of floor · Ages: 6 to 14
- Game: Pass and Move · Who plays: two of you · Minutes: 7 · You need: a soft ball, a friend, a shoe · Room: a hallway · Ages: 6 to 14
- Game: Shadow Me · Who plays: two of you · Minutes: 5 · You need: a friend · Room: a room · Ages: 5 to 14
- Game: Steal the Sock · Who plays: two of you · Minutes: 6 · You need: a beanbag, a friend · Room: a room · Ages: 6 to 14
- Game: Wheelbarrow Walk · Who plays: two of you · Minutes: 5 · You need: a friend · Room: a room · Ages: 7 to 14
- Game: Two Balls at Once · Who plays: two of you · Minutes: 6 · You need: a soft ball, a friend · Room: a room · Ages: 8 to 14

## Games for a group or the whole family

- Game: Freeze Dance · Who plays: a group · Minutes: 6 · You need: nothing · Room: a room · Ages: 4 to 11
- Game: Animal Tag · Who plays: a group · Minutes: 7 · You need: nothing · Room: a room · Ages: 4 to 11
- Game: Jump the River · Who plays: a group · Minutes: 7 · You need: chalk · Room: a room · Ages: 5 to 12
- Game: Simon Says Moves · Who plays: a group · Minutes: 6 · You need: nothing · Room: a room · Ages: 4 to 12
- Game: Traffic Lights · Who plays: a group · Minutes: 7 · You need: nothing · Room: a room · Ages: 4 to 11

• Game: Hold It Till It Comes Back · Who plays: a group · Minutes: 6 · You need: a soft ball · Room: a room · Ages: 7 to 14
• Game: Roll an Animal · Who plays: a group · Minutes: 6 · You need: nothing · Room: a room · Ages: 4 to 11
• Game: Everybody's It · Who plays: a group · Minutes: 6 · You need: nothing · Room: a park or a hall · Ages: 6 to 12
• Game: The Relay With No Queue · Who plays: a group · Minutes: 8 · You need: a shoe · Room: a park or a hall · Ages: 6 to 14
• Game: Captain's Coming · Who plays: a group · Minutes: 7 · You need: nothing · Room: a room · Ages: 5 to 12
• Game: Pass the Pose · Who plays: a group · Minutes: 5 · You need: nothing · Room: a room · Ages: 5 to 14

## Games for one child

• Game: Beat Your Own Time · Who plays: one child · Minutes: 5 · You need: nothing · Room: a bit of floor · Ages: 5 to 14
• Game: Dice Workout · Who plays: one child · Minutes: 8 · You need: nothing · Room: a bit of floor · Ages: 6 to 14
• Game: Card Deck Workout · Who plays: one child · Minutes: 10 · You need: nothing · Room: a bit of floor · Ages: 7 to 14
• Game: The Floor Is Lava · Who plays: one child · Minutes: 6 · You need: a cushion · Room: a room · Ages: 4 to 12
• Game: Build an Obstacle Course · Who plays: one child · Minutes: 12 · You need: a cushion, a chair, chalk · Room: a room · Ages: 5 to 14
• Game: Sock Basketball · Who plays: one child · Minutes: 8 · You need: a beanbag, a basket · Room: a room · Ages: 4 to 14
• Game: Balloon Keep-Up · Who plays: one child · Minutes: 6 · You need: a soft ball · Room: a room · Ages: 4 to 12
• Game: Line Hops · Who plays: one child · Minutes: 5 · You need: chalk · Room: a bit of floor · Ages: 6 to 14

## Sitting-down games

• Activity: Charades · What kind: Play · What a child does: Charades words by age, for a living room game with no board. · Ages: 5 and up
• Activity: Trivia · What kind: Play · What a child does: Ready trivia rounds, or build your own, for the whole table. · Ages: 7 and up
• Activity: Game Night · What kind: Play · What a child does: A phone score sheet for family dice games where the child does the adding. · Ages: 6 and up
• Activity: Riddles · What kind: Puzzle · What a child does: Riddles to read out at the table

and guess together. · Ages: 6 and up
• Activity: Chess · What kind: Play · What a child does: A daily puzzle, a game to play and the openings explained. · Ages: 7 and up

## Paper games for the table

- Game: Tic-tac-toe · Players: 2 · What you need: A printed grid and a pencil
- Game: Connect four · Players: 2 · What you need: A printed grid and two colors
- Game: Memory match · Players: 2 or more · What you need: The cards, printed and cut
- Game: Word guess · Players: 2 or more · What you need: A pencil
- Game: Riddles · Players: Any · What you need: Someone to read them out

None of the active games keeps score and nobody is ever out. Everything here is free through the end of 2026, with no ads, no sign-up and nothing to download.

## Questions parents ask

### What games can I play with my kids with nothing at all?

Freeze dance, Simon says, mirror me, charades and riddles need only the people playing. The You need column says "nothing" for every game like that.

### What is a good game for a parent and one child?

The games for two, such as mirror me, copy the pose and keep it up. The Minutes and Room columns say how long each takes and how much space it needs.

### What games work for kids of different ages together?

Charades with picture cards for the youngest, freeze dance, and any game in the group table whose ages cover everyone playing. The Ages column shows the range.

### Are these games free?

Yes. Everything here is free through the end of 2026, with no ads, no sign-up and nothing to download.

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Free at peabody.kids/games-to-play-with-kids