# Indoor games for kids

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Indoor games for kids work best when they fit the room. The games below are sorted by the space they need, from a bit of floor to a whole room, and most need nothing but the people playing. Quiet paper games come last, for when the house needs calm. Everything is free with no sign-up.

## Indoor games that need only a bit of floor

- Game: Beat Your Own Time · Who plays: one child · Minutes: 5 · You need: nothing · Room: a bit of floor · Ages: 5 to 14
- Game: Dice Workout · Who plays: one child · Minutes: 8 · You need: nothing · Room: a bit of floor · Ages: 6 to 14
- Game: Card Deck Workout · Who plays: one child · Minutes: 10 · You need: nothing · Room: a bit of floor · Ages: 7 to 14
- Game: Mirror Me · Who plays: two of you · Minutes: 5 · You need: a friend · Room: a bit of floor · Ages: 4 to 14
- Game: Copy the Pose · Who plays: two of you · Minutes: 5 · You need: a friend · Room: a bit of floor · Ages: 5 to 14
- Game: Rock, Paper, Scissors, Squats · Who plays: two of you · Minutes: 6 · You need: a friend · Room: a bit of floor · Ages: 6 to 14
- Game: Line Hops · Who plays: one child · Minutes: 5 · You need: chalk · Room: a bit of floor · Ages: 6 to 14

## Indoor games for one room

- Game: The Floor Is Lava · Who plays: one child · Minutes: 6 · You need: a cushion · Room: a room · Ages: 4 to 12
- Game: Keep It Up · Who plays: two of you · Minutes: 6 · You need: a soft ball, a friend · Room: a room · Ages: 5 to 14
- Game: Freeze Dance · Who plays: a group · Minutes: 6 · You need: nothing · Room: a room · Ages: 4 to 11
- Game: Animal Tag · Who plays: a group · Minutes: 7 · You need: nothing · Room: a room · Ages: 4 to 11
- Game: Jump the River · Who plays: a group · Minutes: 7 · You need: chalk · Room: a room · Ages: 5 to 12
- Game: Simon Says Moves · Who plays: a group · Minutes: 6 · You need: nothing · Room: a room · Ages: 4 to 12
- Game: Build an Obstacle Course · Who plays: one child · Minutes: 12 · You need: a cushion, a chair, chalk · Room: a room · Ages: 5 to 14

• Game: Shadow Me · Who plays: two of you · Minutes: 5 · You need: a friend · Room: a room · Ages: 5 to 14
• Game: Sock Basketball · Who plays: one child · Minutes: 8 · You need: a beanbag, a basket · Room: a room · Ages: 4 to 14
• Game: Traffic Lights · Who plays: a group · Minutes: 7 · You need: nothing · Room: a room · Ages: 4 to 11
• Game: Hold It Till It Comes Back · Who plays: a group · Minutes: 6 · You need: a soft ball · Room: a room · Ages: 7 to 14
• Game: Roll an Animal · Who plays: a group · Minutes: 6 · You need: nothing · Room: a room · Ages: 4 to 11
• Game: Balloon Keep-Up · Who plays: one child · Minutes: 6 · You need: a soft ball · Room: a room · Ages: 4 to 12
• Game: Steal the Sock · Who plays: two of you · Minutes: 6 · You need: a beanbag, a friend · Room: a room · Ages: 6 to 14
• Game: Wheelbarrow Walk · Who plays: two of you · Minutes: 5 · You need: a friend · Room: a room · Ages: 7 to 14
• Game: Two Balls at Once · Who plays: two of you · Minutes: 6 · You need: a soft ball, a friend · Room: a room · Ages: 8 to 14
• Game: Captain's Coming · Who plays: a group · Minutes: 7 · You need: nothing · Room: a room · Ages: 5 to 12
• Game: Pass the Pose · Who plays: a group · Minutes: 5 · You need: nothing · Room: a room · Ages: 5 to 14

## Quiet indoor games

• Activity: Charades · What kind: Play · What a child does: Charades words by age, for a living room game with no board. · Ages: 5 and up
• Activity: The Activity Book · What kind: Puzzle · What a child does: Mazes, word finds, riddles, dot-to-dots and logic puzzles in four sizes, most of them new every day, to print or do on screen. · Ages: 4 and up
• Activity: Tangram puzzles · What kind: Puzzle · What a child does: Seven shapes, one picture to make. Cut a set from paper. · Ages: 6 and up
• Activity: Riddles · What kind: Puzzle · What a child does: Riddles to read out at the table and guess together. · Ages: 6 and up
• Activity: Chess · What kind: Play · What a child does: A daily puzzle, a game to play and the openings explained. · Ages: 7 and up

## Paper games for the table

- Game: Tic-tac-toe · Players: 2 · What you need: A printed grid and a pencil
- Game: Connect four · Players: 2 · What you need: A printed grid and two colors
- Game: Memory match · Players: 2 or more · What you need: The cards, printed and cut
- Game: Word guess · Players: 2 or more · What you need: A pencil
- Game: Riddles · Players: Any · What you need: Someone to read them out

Clear the floor first and move anything that can tip. For everything that is not a game, see indoor activities for kids. Everything here is free through the end of 2026, with no ads, no sign-up and nothing to download.

## Questions parents ask

### What indoor games can kids play in a small room?

The first table: every game there needs only enough floor to lie down on with arms out.

### What indoor games use up energy?

Freeze dance, the floor is lava and an obstacle course from cushions and chairs. Ten minutes of one makes the next quiet thing easier.

### What indoor games are quiet?

Charades in whispers, riddles, tangrams and the paper games. They suit the end of the day or a sleeping baby in the next room.

### Are these indoor games free?

Yes. Everything here is free through the end of 2026, with no ads, no sign-up and nothing to download.

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Free at peabody.kids/indoor-games-for-kids